



# Healing Through Horses & Muse Horse Equine Assisted Learning



Invites You to a Workshop For Women to Replenish Your Soul ☺

## "Where Are You Living?"

Most of us struggle with living in the present moment. When we learn to live in the moment we are able to experience the richness of who we are and gain an inner calmness and peace. In specially designed ground based activities with the horses you will learn new skills on what it means to simply "BE".

**WHEN:**

May 16, 2009  
Saturday 10:00am - 4:00pm

**WHERE:**

Healing Through Horses  
21074A Hwy 84  
Abiquiu, NM 87510

**SIZE: 10 Participants**

*Book early to guarantee your spot!*

**COST: \$125.00**

*\$100.00 if booked by April 26, 2009*

**CONTACT:**

Judy Schneider, LISW 505.685.0596  
Laurie Shannon M.Ed 602.615.6241

**In this Workshop you will Learn:**

- Techniques on how to live in the present moment
- The personal changes you can make in order for you to feel more peaceful
- How you can increase your optimism and resilience

**Your Workshop Facilitators:**

**Judy Schneider, LISW**, has been a clinical social worker for over 20 years. She combines traditional modalities of therapy with Equine Assisted Mental Health. She is the founder of Healing Through Horses an Equine Assisted Mental Health Program and is honored to offer you a day of rejuvenation and exploration through the way of the horse.

**Laurie Shannon, M.Ed.** is EAGALA certified and has been in the mental health profession for 27 years. She believes that horses can teach humans to become better people and believes that personal growth is enhanced by our sacred connection with nature and with animals. She is the Co-founder and Director of Muse Horses Equine Assisted Learning in Phoenix, AZ.

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### REGISTRATION FORM

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

**Early Bird Special**  
Book by April 26, 2009 \$100.00  
*Lunch included*

**After April 26, 2009 \$125.00**  
*Lunch included*

Make check payable to Judy Schneider  
Cut out registration form and send form along with your check to:  
P. O. Box 618 Abiquiu, NM, 87510  
Once registration is received we will send you an email with directions and additional details.

**No Horse Experience is required!**