



Healing Through Horses

Equine Assisted Mental Health Program

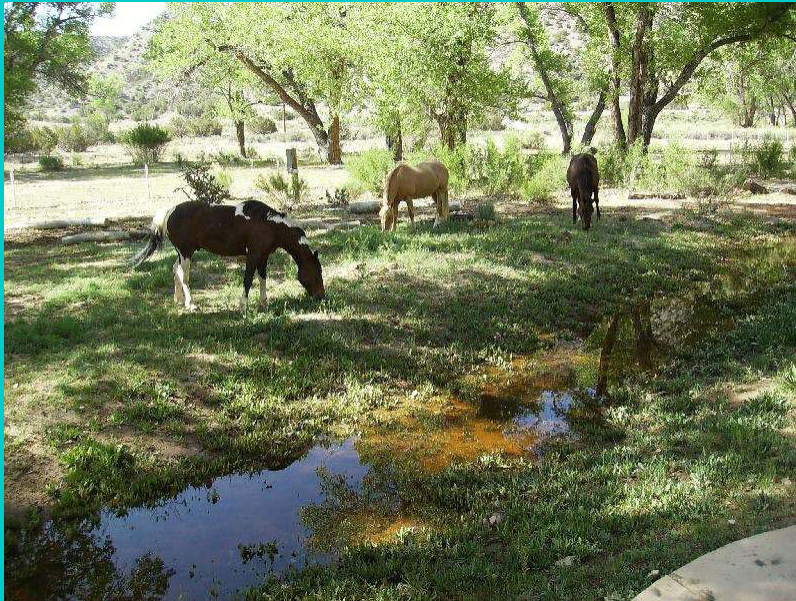
www.healingthroughhorses.net



August/2009

Greetings,

Time flies when you are having fun!!!! It is hard to believe that it has been several months since we sent out our last newsletter and the summer season is almost over. We have been busy setting up programs, running workshops for women, getting new contracts and bucking hay for the fall and winter season.



Healing Through Horses was successful in securing 2 new contracts. Beginning in September, we will be offering a 6 week pilot program with the Cuba Independent School District. The program is focused on teens who are experiencing academic, behavioral, social and emotional challenges. This is our first program with the school district and we are both excited and grateful for this opportunity. We met with the staff this past week who share our excitement and enthusiasm. We will keep you posted on the success of the program.

We have also begun to work with a group home for adolescent girls. The teens have participated in a few sessions with both enthusiasm and a bit of apprehension. The heat, bugs and demands of "getting dirty" is a challenge they struggle with each time they arrive. The horses are ready to help them out, only if they can get beyond the dirt factor..... We continue to greet them with smiles and lots of bug spray and germ-x!!!!

During the months of June and July we held 2 workshops for women.

Due to the success of these workshops, we will be holding another one on September 26, 2009 entitled "Living With Intention." The focus is on how to get what you want, how to obtain abundance in your personal and professional life as well as embracing your strengths and identifying barriers which prevent you from attaining your goals and dreams. Registration information is now available on our website.



We hope you continue to prosper, enjoy the beauty which surrounds you and embrace a sense of peace in your heart.

Happy Trails,

Judy

**On September 26th, we will be hosting
our 3rd workshop entitled:**

" Living With Intention" 8:30am-4:00pm.

**Go to www.healingthroughhorses.net
to download a registration form and to obtain
more information.**



**Healing Through Horses
21074A Highway #84
Abiquiu, New Mexico 87510
(505) 685-0596
www.healingthroughhorses.net**