



Healing Through Horses

Equine Assisted Mental Health Program

www.healingthroughhorses.net

Happy New Year!!!!

It is hard to believe another year has passed by. New Mexico remains quite beautiful and inspirational. On January 10th, I stood in amazement at the full moon. It was high, clear and bright. Actually, the brightest moon we are to be gifted for this year. The mountain across from our home appeared luminescent. The stars were out, sitting quietly against the moonlight. You could not hear a sound, except for the gentle wind and a slight nicker coming from the back pasture. It was a rare and sacred sight. I hope you were able to take a moment for yourself to enjoy the pureness of nature.

**PARENTS ~ TEACHERS ~ MENTAL HEALTH PROVIDERS ~
PROBATION AND PAROLE OFFICERS ~ SOCIAL WORKERS ~
THERAPISTS ~ MEMBERS OF THE JUDICIARY ~**

If you know of anyone who may benefit from our services, please pass this newsletter onto them. I look forward to meeting you and sharing the healing power of the horses.

[Join Our Mailing List!](#)

News from the Roundpen

We will be having our first graduation ceremony of 2009 this month. This young client came to us with severe behavioral problems. They began when he was a toddler escalating over the years. As he approaches adolescence, he has learned "I can take care of myself and others because the horses took good care of me." His parents have learned their son is more capable than they ever imagined. And if they are patient and allow him to get into the proper position, they can avoid conflict and help him succeed. They learned to listen, wait and watch before they respond. They have embraced the concept of pressure and release and rewarding the slightest try.



I am very excited to let you know I will be attending a workshop hosted by Prescott College in Arizona next month. The presenter of the workshop is Shannon Knapp of Horsesense of the Carolinas (www.horsesenseotc.com). The focus of the workshop is how to create a viable business in Equine Assisted Mental Health and Equine-Assisted Learning. In March, I will be headed to Washington D. C to attend The Psychotherapy Networker Symposium. I am truly thrilled about this one, as I will be able to see old friends and colleagues and catch up with those whom I have not seen over the many years since I left for the journey of my lifetime.

I look forward to seeing all of you!!!

Healing Through Horses currently has openings. If you would like more information, please give Judy a call at (505) 685-0596 or email her at: judy@healingthroughhorses.net.



Happy Trails,

Judy

Judy Schneider

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